



## Online Graduate Coaching Certificate

The graduate certificate in coaching is designed to provide online advanced education in areas that are critical to know which allows coaches to be confident and well prepared for coaching at any level of sport. Topics include season planning, teaching skills, designing team tactics, staff management, principles of training, evaluating talent, nutrition, sport psychology, motor learning, developing guiding principles for your sport, team captains, developing missions and goals, recruiting and much more.

### Program Information

This program requires 12 credit hours of course work offered online. Four courses will provide students with advanced knowledge, skills and abilities in different areas of coaching. The education and skills learned in the courses will provide the latest techniques for today's coaches.

- APK 5121 - Sport Psychology for Coaches (3 credit hours)

This course presents the fundamental theoretical and practical knowledge needed in coaching of various sports. The focus is on critical thinking and practical application of scientific findings.

- PET 5735 - Advanced Coaching (3 credit hours)

This course covers the 8 domains of coaching competencies: philosophy and ethics, safety and injury prevention, physical conditioning, growth and development, teaching and communication, sport skills and tactics, organization and administration and evaluation. This course will be an in-depth coaching course for the serious coach that wants to learn the latest research in the field.

- SPM 5350 - Athlete Recruitment (3 credit hours)

This is the first time a class has been offered on this important topic. The course will cover identifying and evaluating talent, decision-making theories of recruits, influencing factors and persons, tracking systems, research theories, sales, communication tactics, developing a recruiting philosophy, increasing success in making good decisions on the type of student-athlete to recruit to fit the needs of the university and the student.

- PET 5235 - Motor Learning for Coaches (3 credit hours)

This course will cover how humans learn skilled actions and how the principles of motor performance and learning can be useful in coaching their particular sport. It will cover theories and principles explaining motor behavior; psychological factors related to and/or affecting motor skill acquisition and performance.

### Course Sequences:

Summer, 2009	Sport Psychology for Coaches
(Session A: May 11–Aug 7, 2009 (13 weeks))	
Fall, 2009	Advanced Coaching
Spring, 2010	Athlete Recruitment
Summer, 2010	Motor Learning for Coaches

## Admissions

Acceptance into the Coaching Certificate Program is based on the following requirement:

- Students with a Bachelors' degree from an accredited institution are eligible to enroll as a graduate-level special student (non-degree seeking).

OR

- Graduate students in good standing at Florida State University
- Current enrollment in the Sport Management graduate program

Application to both the University and the Coaching Certificate program can be completed online using the appropriate applications:

**Step 1:** Apply for Admission to the University (select one)

- [Special Non-Degree Seeking](#)
- [Graduate Degree Seeking](#)

**Step 2:** Apply to the Coaching Certificate Program

- [Coaching Certificate Program Application\(.doc\)](#)
- [Coaching Certificate Program Application\(.pdf\)](#)

courses offered in the Coaching Certificate Program can be taken as part of a regular graduate program of study, or through enrollment as a part-time non-degree special student. Students may enroll in the courses without applying to the Coaching Certificate program; however, the certificate will only be awarded to students who have been accepted into the program. To receive the Coaching Certificate, students must complete the required twelve (12) hours of course work including the professional portfolio within a five year time period from the date of acceptance into the program and earn a grade of C or better. The certificate can be completed in 3-4 semesters.

Admission to the Coaching Certificate Program is neither a degree program nor a minor. However, up to twelve (12) hours of graduate level credit with a grade of "B" or better in each course may count toward the Master of Science degree in Sport Management, provided the student qualifies for admission to the graduate degree program.

Transfer credit hours from other universities or colleges will not be accepted.

## Technology Requirements

Students will be required to obtain an FSU/ACNS e-mail account in order to access the course website. In order to complete class requirements, class participants will need to be able to:

- Access the Internet – this will require a high-speed, broadband connection,
  - Be familiar with Internet Explorer or Firefox browsers or both
- Download and upload document files,
- Download, view, and listen to PowerPoint presentations,
- Download and view PDF files using Acrobat Reader or similar software,
- Access to digital camcorder for lesson/assignment recording,
- Utilize Real Player or Windows Media to download, view, and listen to digital media
- Download and install software and plugins such as Adobe Reader, Real Audio, etc., and
- Send and receive e-mails.

Florida State University uses *Blackboard* for its distance learning instructional platform. For more information regarding technology requirements to use Blackboard, please go to: <http://learningforlife.fsu.edu/online/resources/support.cfm>

Additional information about Blackboard is found at: <http://campus.fsu.edu/help.html>.

## Program Costs

The courses in this program have been developed and are delivered by full-time faculty or by adjuncts. Distance learning students, therefore, have the same high quality instruction as students on the main campus, plus special assistance from Academic & Professional Program Services to insure success. The University Board of Trustees establishes tuition and fees. Distance learning students are expected to pay tuition and other associated fees.

- Tuition and Fees
  - Florida resident: \$355.75 per credit hour
  - Florida resident residing in Leon, Gadsden or Wakulla Counties (non-campus students): \$375.75 per credit hour
  - Non-Florida resident: \$987.15 per credit hour
  
- Books

We estimate the cost of books and course materials for an academic year to be \$350.00. Students are responsible for the cost and shipping fees of all books and course materials.

## Coordinator Information

Cecile Reynaud, Ph.D.  
Coaching Certificate Program Coordinator  
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Dr. Reynaud's credentials include:

- 26 years as a Division I Head Coach
- USA Volleyball Coaching Education Instructor
- Sport Management Faculty Member
- Author:

*She Can Coach!*

*Volleyball Coaching Bible*