

Florida State University  
College of Education  
Department of Sport Management, Recreation Management & Physical Education

Online Master's Program Course Descriptions

**PET 5774: Methods & Materials of Teaching Fitness, K-12**

Fall 2009 & 2011

3 semester credits

**Internet Course Description**

This course focuses on how to implement a lifetime, health-related physical fitness program in school and community settings. Students will improve their knowledge of fitness concepts, design learning activities, review the research on physical activity, and develop effective strategies to teach lifetime fitness to children and adolescents. Teaching fitness lessons to physical education students is a requirement of this course and will serve as evidence of application of the course content.

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**PET 5425: Curriculum Design in Physical Education**

Summer

3 semester credits

**Internet Course Description**

This course focuses educational curriculum theory, curriculum development for physical education, and curriculum models for elementary and secondary physical education. National and state standards for physical education will be used to make curriculum decisions. Research studies related to curriculum decisions will be studied and course projects will emphasize practical application of curriculum models.

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**PET 5208: Developing Dance & Gymnastics Content**

Spring 2010 & 2012

3 semester credits

**Internet Course Description**

This course focuses on the specific curriculum content and pedagogical strategies for teaching educational dance and gymnastics in elementary and secondary school physical education settings. Students will improve their knowledge of skill themes and movement concepts, design a progression of learning activities, and practice teaching dance and gymnastics lessons with their students. Teaching lessons to physical education students is a requirement of this course and will serve as evidence of application of the course content.

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**PET 5418: Supervision in Physical Education**

Spring 2009 &amp; 2011

3 semester credits

**Internet Course Description**

This course will focus on the development of supervisory skills to help novice, pre-service physical education majors and experienced teachers improve their teaching effectiveness. Supervision skills, to include establishing rapport and setting expectations, using systematic data collection instruments, using effective supervision strategies, and using communication skills appropriate for conferencing, will be studied and practiced. Students will also learn the characteristics and concerns of novice teachers and performance standards expected for beginning and experienced teachers.

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**PET 5645 Programs in Adapted Physical Education**

Fall 2010 &amp; 2012

3 semester credits

**Internet Course Description**

Programs in Adapted Physical Education is designed for graduate students in Physical Education with an interest in the area of programming for special needs students. The content of this class will be based on best practices in the planning, implementing and adapting existing programs of physical education, fitness, and recreational physical activity programs for special needs students in various settings. In addition to programmatic content, students will also receive instruction in administrative practices and policies and special needs legislation in education. Students will also have an opportunity to work directly with special needs students and teachers in various physical education settings in the local school system.

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**PET 5516 Assessment in Physical Education**

Spring 2009 &amp; 2011

3 semester credits

**Internet Course Description**

The purpose of this course is to develop skills and knowledge necessary to effectively assess student achievement in Pre K–12 Physical Education within the cognitive, psychomotor, and affective domains of learning.

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**PET 5002 Developing Games Content K-12**

Spring 2010 & 2012

3 semester credits

**Internet Course Description**

The purpose of this course is to study the appropriate design of educational game experiences from both a developmental curriculum model and a tactical games model. Students should be able to articulate research in physical education teacher education related to educational games. Emphasis is on using the content analysis and development system along with a tactical approach to plan learning experiences for invasion, fielding, target, and net/wall games.

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**PET 5145 Issues in Physical Education**

Summer

3 semester credits

**Internet Course Description**

The purpose of this course will be to address professional issues and trends that affect physical educators and to analyze contemporary policy, practice, research, and theory applied to the teaching of physical education. The emphasis is on developing a capability to reason and think critically on issues of importance to the discipline of Physical Education.

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**PET 5715 - Effective Teaching in Physical Education**

Fall 2007 & 2009

3 semester credits

**Internet Course Description**

The purpose of this course is to provide a critical analysis and in-depth study of a wide range of effective teaching topics that have been shown to be effective in fostering student achievement. Some of the topics to be studied will include teacher planning and decision making, classroom management and discipline, assessment and evaluation, diversity, and professionalism and ethics. Students will have the opportunity to read relevant research, view feature films, reflect on topics through their teaching physical education to K-12 learners, and participate in a wide range of discussions on the class discussion board.

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**PET 5718 Interdisciplinary Teaching**

Fall 2006 &amp; 2008

3 semester credits

**Internet Course Description**

The purpose of this course is to provide an in-depth study of the fundamentals of interdisciplinary programs. The course will focus on three interdisciplinary teaching models—connected, shared, and partnership—that can be used as guides for organizing content, collaborating with others, and creating meaningful activities that impact student learning. The course will also explore strategies for implementation, including ideas for getting started, selecting a teaching model, developing lesson plans, assessing interdisciplinary learning using alternative strategies, and building a support network. Students will have opportunities to learn how to integrate physical education with five subject areas as they integrate the concepts in their “real-world” classrooms. Additionally, students will have the opportunity to read relevant research and participate in a wide range of discussions on the class discussion board.

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**PET 5710 Reflective Teaching**

Summer

3 semester credits

**Internet Course Description**

The purpose of this course is to provide an understanding of the importance of being a reflective practitioner and its contribution to overall professional development. The course will provide a variety of self-assessment and problem-solving strategies for reflecting and practice. Teachers will have opportunities to reflect and revise practice based on observation of learners, and will consult with professional literature, colleagues, and other resources to develop as a learner and teacher. Teachers will be introduced to and may select assignments that will lead toward National Board certification.