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Center for Demography
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Robin W. Simon

Employment

- 2003-Present Associate Professor, Department of Sociology, Florida State University, Tallahassee, FL.
- 2003-Present Research Associate, Center for Demography & Population Health, Florida State University, Tallahassee, FL.
- 2000-2003 National Institute of Mental Health Post-Doctoral Fellow, Institute for Health, Health Care Policy & Aging Research, Rutgers University, New Brunswick, N.J.
- 1992-2000 Assistant to Associate Professor, Department of Sociology, University of Iowa, Iowa City, IA.

Education

- 1992 Ph.D. in Sociology, Indiana University, Bloomington, IN.
- 1986 M. A. in Sociology, Indiana University, Bloomington, IN.
- 1984 B. A. in Sociology, University of Massachusetts, Amherst, MA. (Summa Cum Laude)

Research and Teaching Interests

Mental Health
Emotion
Medical

Social Psychology
Gender & Family
Culture

Awards, Fellowships, and Grants

- 2007 Outstanding Recent Contribution Award, Emotions Section of the American Sociological Association, for: "Gender and Emotion in the U.S.: Do Men and Women Differ in Self-Reports of Feelings and Expressive Behavior?" (Co-Authoring with Leda K. Nath) *American Journal of Sociology* 109: 1137-1176
- 2005 Florida State University COFRS Award, for project entitled: "Marital Status, Marital Transitions, and Mental and Physical Health: Variations by Gender, Race, Ethnicity, and Socioeconomic Status." (\$8,000)
- 2004 Award for the Best Publication in Mental Health, Mental Health Section of the American Sociological Association, for: "Revisiting the Relationships among Gender, Marital Status, and Mental Health." *American Journal of Sociology* 107: 1065-1096.
- 1999-2000 Principal Investigator, National Science Foundation Dissertation Improvement Award, (Kristen Marcussen, CO-PI), for project entitled: "Marital Status and Psychological Well-Being: A Comparison of Married and Cohabiting Individuals." (\$4,740)
- 1997 Award for the Best Paper by a Young Scholar, Psychiatric Sociology Division of the Society for the Study of Social Problems, for: "Gender, Multiple Roles, Role Meaning, and Mental Health." *Journal of Health and Social Behavior* 36: 182-194.

Awards, Fellowships, and Grants

- 1996 Obermann Center for Advanced Studies Spellmann-Rockefeller (CASSPR) Grant, University of Iowa, for project entitled: "Assessing Sex Differences in Vulnerability Among Employed Parents: The Importance of Marital Status." (\$5,000)
- 1995-1996 Semester Assignment (Paid Research Leave), University of Iowa
- 1993-1995 Old Gold Summer Research Fellowships, University of Iowa (\$5,000 each summer for three years)
- 1993 Roberta Simmons' Dissertation Award in Medical Sociology, Medical Section of the American Sociological Association, for dissertation entitled: "Spouse, Parent, and Worker: Gender, Multiple Role Involvements, Role Meaning, and Mental Health."
- 1991-1992 National Research Service Award, National Institute of Mental Health, PHS F31 MH10110-01, for project entitled: "Multiple Roles, Role Meaning, and Psychological Distress." (\$20,667)
- 1990-1991 Dissertation Year Research Fellowship, College of Arts and Sciences, Indiana University
- 1990 Graduate Student Paper Award, Social Psychology Section of the American Sociological Association, for paper entitled: "Parental Role Strains, Parental Identity Salience, and Gender Differences in Psychological Distress."
- 1989 Edwin Sutherland Teaching Award for Outstanding Teaching by an Associate Instructor, Department of Sociology, Indiana University
- 1984 Commonwealth Scholar, University Honors, University of Massachusetts
- 1983 Distinguished Award in Sociology for Excellence in Undergraduate Studies, University of Massachusetts

Publications

- 2007 Simon, Robin W. "Contributions of the Sociology of Mental Health for Understanding the Social Antecedents, Social Regulation, and Social Distribution of Emotion." Pages 239-274 in *Mental Health, Social Mirror*, edited by William Avison, Jane McLeod, and Bernice Pescosilido. New York: Springer.
- 2005 Evenson, Ranae J. and Robin W. Simon. "Clarifying the Relationship between Parenthood and Depression." *Journal of Health and Social Behavior* 46: 341-358.
- 2004 Simon, Robin W. and Leda K. Nath. "Gender and Emotion in the U.S.: Do Men and Women Differ in Self-Reports of Feelings and Expressive Behavior?" *American Journal of Sociology* 109: 1137-1176.
- 2002 Simon, Robin W. "Revisiting the Relationships among Gender, Marital Status, and Mental Health." *American Journal of Sociology* 107: 1065-1096.
- 2000 Simon, Robin W. "The Importance of Culture in Sociological Theory and Research on Stress and Mental Health: A Missing Link?" Pages 68-78 in *Handbook of Medical Sociology* (5th Edition), edited by Chloe Bird, Peter Conrad, and Allen Fremont. New York, N.Y.: Prentice Hall.
- 1999 Simon, Robin W. and Kristen Marcussen. "Marital Transitions, Marital Beliefs, and Mental Health." *Journal of Health and Social Behavior* 40: 111-125.
- 1998 Simon, Robin W. "Assessing Sex Differences in Vulnerability Among Employed Parents: The Importance of Marital Status." *Journal of Health and Social Behavior* 39: 37-53.
- 1997 Milkie, Melissa, Robin W. Simon, and Brian Powell. "In the Eyes of Kids: Children's Perceptions of Motherhood and Fatherhood." *Social Psychology Quarterly* 60: 218-237.

Publications

- 1997 Simon, Robin W. "The Meanings Individuals Attach to Role-Identities and their Implications for Mental Health." *Journal of Health and Social Behavior* 38: 256-274.
- 1995 Simon, Robin W. "Gender, Multiple Roles, Role Meaning, and Mental Health." *Journal of Health and Social Behavior* 36: 182-194.
- 1995 Simon, Robin W. "Gender Differences in Reference Groups, Self-Evaluations, and Emotional Experience Among Employed Married Parents." Pages 19-50 in *Advances in Group Processes* (Vol. 12), edited by Barry Markovsky, Karen Heimer, and Jodi O'Brien. Greenwich, CN: JAI Press.
- 1992 Simon, Robin W. "Parental Role Strains, Salience of Parental Identity, and Gender Differences in Psychological Distress." *Journal of Health and Social Behavior* 33: 25-35.
- 1992 Simon, Robin W., Donna Eder and Cathy Evans. "The Development of Feeling Norms Underlying Romantic Love Among Adolescent Females." *Social Psychology Quarterly* 55: 29-46.
- (Reprinted in several editions of *The Production of Reality: Essays and Readings in Social Psychology*, edited by Peter Kollack and Jodi O'Brien. Thousand Oaks, CA: Pine Forge Press as well as *Self, Society, and Social Interaction* and *Inner Lives and Social Worlds: Readings in Social Psychology*, edited by James Holstein and Jaber Gubrium. New York: Oxford University Press.)

Works Under Review and in Progress

- Simon, Robin W. and Kathryn J. Lively. "Gender, Anger, and Distressing Emotions." (Under review.)
- Simon, Robin W. "Marital Status, Marital Transitions, and Health: The Joint Influence of Gender and Race." (Grant proposal under review at the National Institutes of Health for an R03 award [\$146,295.00].)
- Simon, Robin W. "The Negative Emotional Effects of Kids on Adults." (Under Review at *Contexts*.)
- Anne Barrett and Robin W. Simon. "Premarital Romantic Relationships and Mental Health: Does Gender and Race Matter?"
- Robin W. Simon and Lacey Sischo. "Feeling Overweight, Weight Anxiety, and Depression among Young Adults: Variations by Gender, Race, Ethnicity, and Socioeconomic Status."
- Robin W. Simon and Kathryn J. Lively. "Parenthood and Physical Health."

Future Work

- Simon, Robin W. "Understanding the Linkages Among Emotion Norms and Beliefs, Emotional Experience and Expression, and Emotional Well-Being and Distress." (Plan to write a grant proposal to National Institute of Health for an R01 award and/or a Robert Wood Johnson Investigators Award for a project that will involve the collection and analysis of both quantitative and qualitative data on the relationships among gender, race, emotion, and both mental and physical health problems among adults in the U.S.)

Book Reviews

- 1988 Werner-Simon, Robin. *Review of: Play Interactions: The Contribution of Play Materials and Parental Involvement to Children's Development*, edited by Allen W. Gottfried and Catherine Caldwell Brown. *Contemporary Sociology* 17: 96-97.

Conference Paper Presentations

- 2007 Barrett, Anne and Robin W. Simon. "Premarital Romantic Relationships and Mental Health: Does Gender and Race Matter?" Annual Meetings of the American Sociological Association. New York.
- 2007 Honish, Marty and Robin W. Simon. "Gender Differences in Coping with Stress among Young Adults and the Implications for Mental Health." Annual Meetings of the Society for the Study of Social Problems. New York.
- 2006 Simon, Robin W. and Kathryn Lively. "Gender, Anger, and Distressing Emotions." Tenth International Conference on Social Stress, Portsmouth, New Hampshire.
- 2006 Simon, Robin W. "Contributions of the Sociology of Mental Health for Understanding the Social Antecedents, Social Regulation, and Social Distribution of Emotion." Annual Meetings of the American Sociological Association. Montreal, Canada.
- 2005 Simon, Robin W. and Kathryn Lively. "Gender Differences in Dimensions of Anger and their Implications for Distressing Emotions." Annual Meetings of the American Sociological Association. Philadelphia, PA.
- 2005 Lacey Sischo and Robin W. Simon. "Feeling Overweight, Weight Anxiety, and Depression Among Young Adults: Variations by Gender, Race and Ethnicity." Annual Meetings of the Society for the Study of Social Problems. Philadelphia, PA.
- 2004 Evenson, Ranae J. and Robin W. Simon. "Clarifying the Relationship Between Parenthood and Depression." Annual Meetings of the Society for the Study of Social Problems. San Francisco, CA.
- 2004 Robin W. Simon. "Parental Status Differences in Emotional Distress." Annual Meetings of the Southern Sociological Society. Atlanta, GA.
- 2001 Simon, Robin W. and Leda E. Kanellakos. "Examining Emotion Culture in the U.S.: Is There Any Truth to Gender Stereotypes in Emotional Experience and Expression in the GSS?" Annual Meetings of the American Sociological Association. Anaheim, CA.
- 2000 Simon, Robin W. "Revisiting the Relationships Among Gender, Marital Status, and Mental Health." Annual Meetings of the American Sociological Association. Washington, D.C.
- 1999 Evenson, Ranae and Robin W. Simon. "Clarifying the Relationship between Parenthood and Mental Health." Annual Meetings of the Society for the Study of Social Problems. Chicago, IL.
- 1998 Simon, Robin W. and Kristen Marcussen. "Marital Transitions, Marital Beliefs, and Mental Health." Annual Meetings of the American Sociological Association. San Francisco, CA.
- 1997 Simon, Robin W. "Assessing Sex Differences in Vulnerability among Employed Parents: The Importance of Marital Status." Annual Meetings of the Society for the Study of Social Problems. Toronto, Canada.
- 1996 Simon, Robin W. "The Meaning of Meaning: The Perceived Benefits (and Costs) of Role-Identities and Their Implications for Mental Health." Annual Meetings of the American Sociological Association. New York, N.Y.
- 1996 Melissa Milke, Robin W. Simon, and Brian Powell. "In Kids' Eyes: Children's Perceptions of Motherhood and Fatherhood." Annual Meetings of the American Sociological Association. New York, N.Y.
- 1994 Simon, Robin W. "Gender Differences in Reference Groups, Self-Evaluations, and Emotional Experience among Employed Married Parents." Annual Meetings of the American Sociological Association. Los Angeles, CA.
- 1993 Simon, Robin W. "Multiple Roles, Role Meaning, and Men's and Women's Emotional Functioning." Annual Meeting of the American Sociological Association. Miami, FL.
- 1991 Simon, Robin W. "Spouse, Parent, and Worker: Gender, Multiple Role Involvements, Role Meaning, and Mental Health." Annual Meeting of the American Sociological Association. Cincinnati, OH.

Conference Paper Presentations

- 1989 Simon, Robin W. "Parental Role Strains, Parental Identity Salience, and Gender Differences in Psychological Distress." Annual Meeting of the American Sociological Association. San Francisco, CA.
- 1989 Simon, Robin W. "The Development of Feeling Rules Underlying Romantic Love Among Female Adolescents." Annual Meeting of the Midwest Sociological Society St. Louis, MO.

Invited Talks and Conference Activities

- 2007 Remarks on: "Gender and Emotion in the U.S.: Do Men and Women Differ in Self-Reports of Feelings and Expressive Behavior?" *American Journal of Sociology* 109: 1137-1176 (co-authored with Leda K. Nath). Business Meeting of the Emotions Section of the American Sociological Association. New York.
- 2007 Simon, Robin W. "The Contributions of the Sociology of Emotion for Theory and Research on Mental Health." Annual Meetings of the American Sociological Association. New York. (August)
- 2007 Discussion of *Forgotten Families* by Jody Heymann. Author Meets Critics. Eastern Sociological Association, Philadelphia, PA.
- 2006 Paper Presentation, "Contributions of the Sociology of Mental Health for Understanding the Social Antecedents, Social Regulation, and Social Distribution of Emotion." Conference on Social Structure and Emotion, University of Georgia, Athens.
- 2005 Paper Presentation/Seminar, "Clarifying the Relationship Between Parenthood and Depression." Department of Sociology, University of Maryland. College Park.
- 2005 Paper Presentation, "Gender Differences in Dimensions of Anger and their Implications for Distressing Emotions." Conference on Gender, Relationships, and Health, University of Texas—Austin.
- 2005 Organizer, Jointly Sponsored Paper Session, The Intersection of the Sociologies of Emotion and Mental Health, American Sociological Association, Philadelphia, PA.
- 2004 Remarks on: "Revisiting the Relationships among Gender, Marital Status and Mental Health." *American Journal of Sociology* 107: 1065-1096. Business Meeting of the Mental Health Section of the American Sociological Association. San Francisco, CA
- 2004 Presider, Roundtable Session, Bringing the Sociology of Emotions to Mental Health Research. Annual Meetings of the American Sociological Association. San Francisco, CA.
- 2003 Discussant, Paper Session, Social Psychological Approaches to the Study of Mental Health. Annual Meetings of the American Sociological Association. Atlanta, GA.
- 2003 Paper Presentation/Seminar, "Gender and Emotion in the U.S.: Do Men and Women Differ in Self-Reports of Feelings and Expressive Behavior?" Department of Sociology, Dartmouth College. Andover, NH.
- 2003 Paper Presentation/Seminar, "Revisiting the Relationships among Gender, Marital Status and Mental Health." New York Academy of Medicine. New York.
- 2002 Paper Presentation/Seminar, "Revisiting the Relationships among Gender, Marital Status and Mental Health." NIMH Training Program in Social Psychology, Department of Sociology, Indiana University. Bloomington.
- 2001 Paper Presentation/Seminar, "Revisiting the Relationships among Gender, Marital Status and Mental Health." NIMH Training Program in Psychiatric Epidemiology, School of Public Health, Columbia University. New York.

Invited Talks and Conference Activities

- 2001 Paper Presentation/Seminar, "Revisiting the Relationships among Gender, Marital Status and Mental Health." Department of Sociology, Kent State University. Kent, OH.
- 2001 Paper Presentation, "Understanding the Meanings Men and Women Attach to Work and Family Identities and their Implications for Mental Health." Sponsored by AKD, Department of Sociology, Kent State University. Kent, OH.
- 1999 Paper Presentation, "Emotional Culture, Gender, and Mental Disorder." Conference on Culture and Cognition. Rutgers University. New Brunswick, N.J.
- 1999 Paper Presentation, "Some Implications of the Meaning of Work and Family Identities for Women." Dialogue on Women, Work, and Identity: Conference on Educating Women in the 21st Century. Simmons College. Boston, MA.
- 1999 Organizer, Paper Session on Mental Health. American Sociological Association. Chicago, IL.
- 1997 Organizer, Paper Session on Mental Health. American Sociological Association. Toronto, Canada.
- 1996 Discussant, Paper Session on Gender, Inequality, and Mental Health. Annual Meetings of the Society for the Study of Social Problems. New York, N.Y.
- 1994 Discussant, Paper Session on Gender and Mental Health. Annual Meetings of the American Sociological Association. Los Angeles, CA.
- 1994 Paper Presentation/Seminar, "Gender, Multiple Roles, Role Meaning, and Mental Health." Center for Family Studies in Rural Mental Health. Iowa State University. Ames, IA.
- 1993 Remarks on: "Multiple Roles, Role Meaning, and Men's and Women's Emotional Functioning." Business Meeting of the Medical Section of the American Sociological Association. Miami, FL.

Media Coverage of Recent Research and Public Sociology Activities

Press Release U.S. News Wire, D.C. American Sociological Association & American Psychological Association (December 2005 & January 2006) of article "Clarifying the Relationship Between Parenthood and Mental Health." *Journal of Health and Social Behavior* 46: 341-358.

Radio & T.V.: Live interviews with National Public Broadcasting, BBC World News, UK; CBC—Canadian Broadcasting Company (New Foundland), BBC Scotland, KCBF Radio, San Francisco, WCCO Radio, Minneapolis, etc. Research was also discussed on NBC's The View, CNN, ABC, etc.

Print News: Interviews with the Washington Post, The Philadelphia Inquirer, The Times of India, Toronto Globe, Child Development Research, The London Sunday Telegraph, The Scotsman, The Sydney Morning Herald, The Guardian, Medical Study News, News-Medical.Net, Health Telegraph, The Orange County Register, Health & Fitness, The Daily Telegraph, UK, Montreal Gazette, Canada, The Baltimore Sun, Orlando Sentinel, Buffalo News, Medical News Today, Consumer Health, The Tulsa Times, Buffalo News, Cincinnati Post, Chicago Sun Times, Naples Daily News, The New Republic, Health Magazine, Family Circle, Ladies Home Journal, Parents Today, Brainchild, Child Development Research, News Medical Net, Jewish World News, United Press International, Robertson County (Tennessee) Times, etc.

On-Line Journals & Newsletters: Research appeared in Life-Sciences; Live Science, Web M.D., Medical News; Today, Medical News Today, Hospitals Worldwide, Medilexicon, etc.

Other Professional Activities

- 2006-2008 Consulting Editor, *American Journal of Sociology*
- 2006 Alternate Member, Dissertation Paper Award Committee, Mental Health Section of the American Sociological Association
- 2005-2008 Associate Editor, *American Sociological Review*
- 2005-2008 Member, Distinguished Contributions to Teaching Award Committee, American Sociological Association
- 2004-2006 Secretary/Treasurer, Mental Health Section of the American Sociological Association
- 2004-2005 Member, Program Committee, Emotions Section of the American Sociological Association
- 2001-2003 Associate Editor, *Journal of Health and Social Behavior*
- 1998-2000 Standing Council Member, Social Psychology Section of the American Sociological Association
- 1997-1999 Standing Council Member, Mental Health Section of the American Sociological Association
- 1996-1998 Associate Editor, *Journal of Health and Social Behavior*
- 1994-1995 Co-Editor, *Advances in Group Processes*, (Volume 13). Greenwich, Conn.: JAI Press.
- 1994 Member, Dissertation Award Committee, Medical Section of the American Sociological Association
- 1992-Present Occasional Reviewer for: *American Journal of Sociology*, *American Sociological Review*, *Social Forces*, *Journal of Health and Social Behavior*, *Social Psychology Quarterly*, *Gender and Society*, *Journal of Marriage and the Family*, *Journal of Family Issues*, *Social Problems*, *Sociological Quarterly*; *Social Science and Medicine*, National Science Foundation, National Institute of Mental Health, Social Sciences and Humanities Research Council of Canada

Professional Memberships

American Sociological Association
ASA Sections: Mental Health, Emotion, Social Psychology, Sex & Gender, Family, Medical
Society for the Study of Social Problems
SSSP Sections: Mental Health
Sociologists for Women in Society (SWS)
Southern Sociological Society (SSS)
International Society for Research on Emotion (ISRE)

Teaching

Courses Taught

Undergraduate:

Introduction to Sociology
Family Problems and Social Change
Honors Seminar: Sociology of Emotion
Honors Seminar: Health Disparities

Courses Taught

Graduate:

Social Psychology
Sociology of Emotion
Identity and the Self
Sociology of Mental Health
Gender and Mental Health
Gender, Family, and Stress over the Life Course
Health Disparities
Readings and Research Tutorial/Directed Individual Study

Students Supervised

Dissertation Committees:

Annie, Tuttle, Sociology, Florida State University (Chair)
Jonni Ann Butterfield, Florida State University (Chair)
Lacey Sischo, Sociology, Florida State University
Manacy Pai, Sociology, Florida State University
Nathan DeWalt, Psychology Department, Florida State University
Mathew Galliot, Psychology Department, Florida State University
Kelly Baker, Religious Studies, Florida State University
Tom Neal, Religious Studies, Florida State University
Kristen Marcussen, Sociology, University of Iowa, completed 2000 (Chair)
Sarah-Beth Estes, Sociology, University of Iowa, completed 2000
Fang-Hui Chang, Sociology, University of Iowa, completed 1998
Patricia Clinton, Sociology, University of Iowa, completed 1994

Masters Paper Committees:

Mary Honish, Sociology, Florida State University (Chair)
Margaret Leaf, Sociology, Florida State University, completed 2006
Lisa Weinberg, Sociology, Florida State University (Chair), completed 2005
Jonni Ann Butterfield, Sociology, Florida State University, completed 2005
Annie Tuttle, Sociology, Florida State University, completed 2005
Hank Cowart, Sociology, Florida State University, completed 2005
Manacy Pai, Sociology, Florida State University, completed 2005
Sammy Rastaugh, Sociology, Florida State University, completed 2004
Cheryl Robbins, Sociology, Florida State University, completed 2004
Ranae Evenson, Sociology, University of Iowa, completed 1999 (Chair)
Mio Ohto, Sociology, University of Iowa, completed 1998
Mellissa Holtzman, Sociology, University of Iowa, completed 1997
Li Zhang, Sociology, University of Iowa, completed 1996
Stacy DeCoster, Sociology, University of Iowa, completed 1995

Undergraduate Honors Thesis Committees:

Jennifer Schroder, Sociology/International Affairs, Florida State University
Lauren Brewer, Psychology, Florida State University, completed 2006
Laura McDonald, Sociology, University of Iowa, completed 2000
Ranae Evenson, Sociology, University of Iowa, completed 1997 (Chair)
Karen Kaiser, Sociology, University of Iowa, completed 1997
Janine Chi, Sociology, University of Iowa, completed 1996 (Co-Chair)

Departmental Service

2007-2008 Departmental Policy and Personnel Committees, Florida State University
2004-2007 Creator and Coordinator, Assistant Professor Mentoring Program, Florida State University
2003-2007 Chair, Graduate Area Committee for Social Psychology, Florida State University
2004-2006 Departmental Policy and Personnel Committees, Florida State University
2003-2006 Graduate Area Committee, Health and Aging, Florida State University
2004-2005 Graduate Policy Committee, Florida State University
2003-2004 Graduate Admissions and Aid Committee, Florida State University
2003-2004 Graduate Area Committee for Social Inequality, Florida State University
1996-1999 Graduate Admissions, University of Iowa
1996-1997 Grievance Committee, University of Iowa
1995-1998 Library Committee, University of Iowa
1995-1996 Development Committee, University of Iowa
1992-1995 Graduate Committee and Review Committee, University of Iowa
1997-1999 Ph.D. Comprehensive Exam Committee for Social Psychology, University of Iowa
1996-1999 Ph.D. Comprehensive Exam Committee for the Family, University of Iowa
1996-2000 Ph.D. Comprehensive Exam Committee for Sex and Gender, University of Iowa
1995-1999 Chair, Ph.D. Comprehensive Exam Committee for Mental Health, University of Iowa

